



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

TWENTY-EIGHTH SUNDAY OF ORDINARY TIME



Oct 9 – 28th Sunday in Ordinary Time

2 Kings 5.14-17
2 Timothy 2.8-13
Luke 17.11-19

Oct 16 – 29th Sunday in Ordinary Time

Exodus 17.8-13
2 Timothy 3.14-4.2
Luke 18.1-8

Parish Calendar

Mon, Oct 10 Parish Office Closed for Thanksgiving

Wed, Oct 12

9:00 am Mass

9:30 am Catechesis of the Good Shepherd

7:00 pm Paint Night

Thu, Oct 13

9:00 am Mass

9:30 am Cenacle of Marian Movement of Priests

Fri, Oct 14

9:00 am Mass

9:30 am Flame of Love Prayer Group

Sat, Oct 15 St. Teresa of Jesus

4:00-4:25 pm Reconciliation

5:00 pm Mass

Sun, Oct 16 29th Sunday in Ordinary Time

9:00 am Mass

10:30 am Mass

11:30 am Children's Choir Practice

and Mass will be available on the church website:

www.holyspiritparish.ca

Catholic Women's League Hospitality Coffee after 5pm, 9 & 10:30am Masses. Everyone welcome.

PRAYER FOR VOCATIONS

For an increase in gratitude among God's people for the mercy shown them through the holy vocations to the priesthood and consecrated life in their midst, and that more men and women will faithfully respond to His call, we pray to the Lord.

To all parishes' generous faithful

Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password, "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

PAINT NIGHT EVENT

The Holy Spirit Parish Catholic Women's League Council in Stittsville is hosting a paint night featuring the Paint Party Sisters to be held on Wed, Oct 12th from 7 - 9 pm at Holy Spirit Parish Hall. Everyone is welcome: please bring a friend for a fun evening. Tickets must be purchased ahead of time and are on sale now at \$40 per person; the price includes all supplies and light refreshments will be served. Please contact Marilyn at 613-836-9839 or Claire at 613-612-1659 or email cwlholyspiritparish@gmail.com for details.

Mass Intentions

Sat, Oct 8 – 5:00 pm

†Raymond Paul by Family

Sun, Oct 9 – 9:00 am

†Peter Martel by Eileen Garvey & Family

†Guerino Fata by Patrick & Linda O'Hare

Sun, Oct 9 – 10:30 am

For the intentions of all parishioners

Wed, Oct 12 – 9:00 am

†Oswald & †Kay Muldoon; †Edward & †Ellen Monaghan;

†James & †Nora Muldoon by Msgr. Muldoon

Thu, Oct 13 – 9:00 am

Intentions of Mike Valente by Sandra Cybulski

Fri, Oct 14 – 9:00 am

†Joseph Heenan by Children

Sat, Oct 15 – 5:00 pm

†Phil & †Josh by Joan & Family

†Gloria DuVall by Ken & Bonnie

Sun, Oct 16 – 9:00 am

†Tom, †Richard, †Louise & †Wally by Jean Pegg

Sun, Oct 16 – 10:30 am

For the intentions of all parishioners

Please pray for those who are sick: Jayne, John, Marlene, Connie O'Brien, Ron, Linda, Maria, Nancy, Dan, Tom, JP

Please pray for those who have died: †Bill Collins; Oblate of Mary Immaculate Brother †Wayne Jarvo

†Indicates Deceased

After being shut down for more than two years, the **Catechesis of the Good Shepherd** program will be starting up this fall. This program is jointly administered through Holy Redeemer and Holy Spirit parishes. The atrium, that special place where children and catechists gather, is located at St. Joseph House on Holy Spirit Church property. The program will begin in early October. Level 1 (ages 3-5 years) will be offered. Level 1 sessions will be held Wednesday mornings from 9:30 to 11:15 beginning October 12th. For information about the program or to register, please contact Kim at 613-884-8475.

The Synodal process is on the homestretch as indicated by the "national synthesis" report sent to Rome to be included in the deliberations coming to conclusion next year in October 2023. *This report is the culmination of a sincere listening exercise that occurred in every diocese across the country. What was most present in the regional reports has been included in the national synthesis, providing a thorough and thoughtful account of the exchanges which took place during the initial phase of the synodal process. "Catholics in Canada want their Church to be relevant and engaged in our world's ongoing transformation. They recognize an urgent need for the Church to undergo a profound missionary renewal" said the Most Rev. Raymond Poisson, President of the CCCB, and member of the Canadian National Synthesis Writing Team.*



Everyone is invited to the **Indoor Market** on Oct 22 and Nov 12 at Holy Spirit Parish Hall from 10am till 2pm.

Word from the Pastor

The gospel today guides our prayer. Whatever stage of our journey we are on, we can learn from the band of lepers and pray, “Jesus, Master, have pity on us.” I know that the word ‘pity’ makes some of us feel uncomfortable. We don’t want anyone’s pity. But we can learn a lesson from the lepers. They have no pretense and no pride to block the expression of their feelings. They see the one who can help them and they cry out their need. But the lepers aren’t cured right away. Jesus orders them to go show themselves to the priests. Like Elisha’s healing of Naaman, Jesus is not present for their healings. The ten are healed having responded to Jesus’ word and are on the way to show themselves to the priests. Ten lepers were made clean, cured of their skin problems, but only one like Naaman, returns to give thanks to the source of his healing. Which causes us to ask: does our faith ever spill over into joyful gratitude and exuberant thanksgiving? Naaman and the lepers’ healings were gifts, like grace, not based on their worthiness, but on their need and God’s bounty. Gratitude is a gift we give God, a response to what is clear to our eyes: God’s forgiveness has cleansed us of our sins. All we can say is, “thank you,” as we do at this Eucharist. When we leave this celebration shall we extend to others the forgiveness we have been freely given? Are there people the world treats as lepers we need to reach out to? Perhaps we have healing words for them, like Elisha and Jesus had for those who reached out to them.

Thomas Kavanagh Construction Ltd. has been hired to pave parts of the parking lot in need of repair.

Our program for First Reconciliation discusses God’s Love, the Sacraments and Forgiveness using the booklet ‘We Prepare for Reconciliation’.

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

Monsignor Joseph Muldoon

Take Five for Faith: Daily renewal for busy Catholics
Forgive us our trespasses It has now been a few months since Pope Francis apologized in Canada for the church’s role in running boarding schools that profoundly hurt indigenous people. His message was both embraced for its acknowledgement of wrong and criticized for not being enough. Papal apologies are relatively new, beginning with Pope John Paul II apologizing in the 1980s for the church’s role in the slave trade. Since then, popes have asked forgiveness for sexual abuse, treatment of Jews, and inaction during the Holocaust. An apology is a first step toward repairing a wrong. Reflecting on your own life, have you taken that step when needed? *“Woe to you, scholars of the law! You have taken away the key of knowledge.”*

Reprinted with permission from PrepareTheWord.com

Annual Roast Beef Dinner at Our Lady of the Visitation: Dine in or take out a homemade roast beef dinner. Dine in round tables of 8 with a served meal-no buffet. Bar available. Sittings 4 pm & 6 pm. Takeout 4 - 6 pm. Proceeds to church building restoration fund. At 5338 Bank St, **Sun, Oct 16**. Cost: \$25 pp, children 10 & under \$10. Tickets & info at 613-822-2007 and email: events@olvottawa.ca.

The Pumpkin Prayer

Dear God...

Open my mind so I can learn about You.

“Know that the Lord, He is God.” (Psalm 100:3)

Take all my sin and forgive the wrong that I do.

“If we confess our sins, He is faithful and just to forgive us...”
(1 John 1:9)

Open my eyes so Your love I will see.

“Open my eyes that I may see wonderful things from your law.”
(Psalm 119:18)

I’m sorry for times I’ve turned up my nose at what You’ve given me.

“...be thankful unto Him, and bless his name.” (Psalm 100:4)

Open my ears so Your word I will hear.

“Incline your ear, and come to Me” (Isaiah 55:3)

Open my mouth to tell others You’re near.

“I shall . . . declare the works of the Lord.” (Psalm 118:17)

Let Your light shine in all I say and do! Amen.

“Let your light shine before others so they may...glorify your Father in heaven.” (Matthew 5:16)

HAPPY THANKSGIVING!

We are happy to announce the start of a **child and youth choir**. The short rehearsals are after the 10:30 Mass on the 1st and 3rd Sunday each month, about 11:30-12:00. Parents can enjoy Hospitality Sunday while the kids who want to sing are rehearsing in the Conference Room. Special refreshments and snacks will be available for the choir participants. Next rehearsal is scheduled for October 16. Every child and youth aged 7 and older are welcome to join. No sign-ups or auditions necessary. Please join us!

World Mission Sunday – October 23

You shall be my witnesses (Acts 1:8)

The purpose of World Mission Sunday is to unite Catholics all over the world in prayer and support of the missions. Its fruits are distributed worldwide according to the needs of the poorest dioceses. Please join the universal Church in these efforts to bring faith, hope, and love to our sisters and brothers in mission countries. **World Mission Sunday:** Pope Francis has issued a message for World Mission Sunday, **October 23**, entitled *“You shall be my witnesses”* (Acts 1:8). *“I repeat Moses’ great desire for the people of God on their journey: ‘Would that all the Lord’s people were prophets!’* (Num 11:29). *Indeed, would that all of us in the Church were what we already are by virtue of baptism: prophets, witnesses, missionaries of the Lord, by the power of the Holy Spirit, to the ends of the earth! Mary, Queen of the Missions, pray for us!”*

Red Mass: The Red Mass will be celebrated at **7:30 pm on Thu, Oct 20** at Notre-Dame Cathedral and will be presided by Msgr. Marcel Damphousse, Archbishop of Ottawa. The Red Mass marks the opening of the fall session of the law courts and is sponsored by the Saint Thomas More Lawyers' Guild of Ottawa. This Mass will provide us with an opportunity to reflect on the important role we play in our legal profession in seeking justice and fairness for our community at large. All judges and lawyers are invited to attend. Lawyers are also invited to gown for the procession and to confirm their attendance by sending a message to [Stanford Cummings at scummings@fmlaw.ca](mailto:scummings@fmlaw.ca).

LAURYSSEN

KITCHENS

KITCHENS | VANITIES | CLOSETS

2415 Carp Rd., Stittsville
 613-836-5353
 www.laurysenkitchens.com

Remember...

Let our advertisers know you saw their ad here.



Glen Scottish Restaurant

The Best Fish & Chips in the Valley
 1010 Stittsville Main St.
 613-836-5622
 www.theglen.ca

Because family matters!

613-591-6580
 kellyfh.ca/Kanata



Kelly

Funeral Home - Kanata
 by Arbor Memorial

Arbor Memorial Inc.

THE PERFECT **SPOT**
 TO ADVERTISE YOUR BUSINESS!



TO ADVERTISE IN THIS SPACE PLEASE CALL
 1-800-268-2637

Li+urgica inc.

Religious Supplies & Gifts

Shop online:
 www.liturgica.ca
 ☎613-745-1537
 Showroom:
 2310 St-Laurent, Unit 209

Shop LOCAL • Spend LOCAL Eat LOCAL • Enjoy LOCAL

and support the local businesses
 that support your parish



Shopping Locally Saves Gas!

Postcard Perfect

TURFGRASS SPECIALISTS LTD.

(613) 831-4246
 info@postcardperfect.ca

www.PostcardPerfect.ca



arbique&ahde

associate lawyers

Stittsville Shopping Centre

204-1300 Main St. 613-836-2240 info@arbiqueahde.com



DANNY NAILS & SPA



NAILS AND WAX

500 Hazeldean Rd.
 www.DannyNailsSpa.ca
 613-836-8819



Thomas A. PEGG
 PLUMBING AND HEATING LTD.

PINECREST REMEMBRANCE

Services Ltd.

THE COLE FAMILY...
 SERVING OUR COMMUNITY SINCE 1924

—COLE—
 FUNERAL SERVICES
 613-831-7122
 www.colefuneralservices.com

HIGHLAND PARK
 —CEMETERY—
 613-829-3600
 www.pinecrest-remembrance.com

Dedicated to providing personalized service and choice

THOMAS CAVANAGH CONSTRUCTION LIMITED

9094 Cavanagh Rd., Ashton, ON

613.257.2918 www.thomascavanagh.ca